

WEST CENTRAL BREAKFAST & LUNCH MENU**October 2026-2027****Elementary - Middle School - High School****Breakfast Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
Menu is subject to change. Milk is served daily. Fruit is served daily.			1 Biscuit w/ Gravy & Sausage Patty	2 Pancake Sausage on a Stick w/ Syrup
5 Yogurt Parfait w/ Granola Pre-k: Yogurt & French Toast Grahams	6 Tornadoes & Cereal	7 Cheese Omelet & Hash Brown w/ Ketchup & Salsa	8 Mini Pancakes w/ Syrup & Sausage Patty	9 NO SCHOOL
12 NO SCHOOL	13 Breakfast Pizza	14 French Toast Sticks w/ Syrup	15 Sausage Egg & Cheese Croissant	16 Pancake Sausage on a Stick w/ Syrup
19 Yogurt Parfait w/ Granola Pre-k: Yogurt & French Toast Grahams	20 Tornadoes & Cereal	21 Cheese Omelet & Hash Brown w/ Ketchup & Salsa	22 Mini Pancakes w/ Syrup & Sausage Patty	23 NO SCHOOL
26 Muffins & Yogurt	27 Breakfast Pizza	28 French Toast Sticks w/ Syrup	29 Biscuit w/ Gravy & Sausage Patty	30 Pancake Sausage on a Stick w/ Syrup

**PK- 12TH GRADE
LUNCH MENU
October 2026-2027**

Monday	Tuesday	Wednesday	Thursday	Friday
Menu is subject to change. Milk is served daily. FREE fruit & veggie bar daily.			1 Chicken Alfredo Rotini WG Garlic Knot Steamed Broccoli Baby Carrots, Fruit	2 Pizza Crunchers Warm Marinara Sauce Romaine Salad w/ Dressing Corn, Fruit
5 Cheeseburger on WG bun w/ toppings - Lettuce Leaf, Sliced Tomato, Onion & Pickles, Seasoned Fries Baked Beans & Fruit	6 Taco in a Bag - Doritos Cheese, Lettuce, Tomato Onion, Salsa, Sour Cream Refried Beans & Fruit Graham Cracker Cookie	7 Chicken Patty on WG Bun Peas Baby Carrots & Fruit	8 Salisbury Steak Mashed Potatoes w/ Gravy/Butter Corn, Fruit WG Dinner Roll	9 NO SCHOOL
12 NO SCHOOL	13 Tenderloin on WG Bun Tater Tots Green Beans, Fruit Pickle, Onion	14 Corn Dog Baked Lays, Corn Cucumber Slices Fruit	15 Grilled Chicken on WG Bun Baked Beans Broccoli & Cauliflower Fruit	16 WG Stuffed Crust Pepperoni Pizza, Baby Carrots Romaine Salad w/ Dressing Fruit
19 Mini Pancake/Sausage Wraps w/ Syrup, Hash Brown Yogurt Cup Baby Carrots & Fruit	20 Crispitos w/ Cheese Sauce Refried Beans Lettuce, Tomato, Salsa Fruit	21 Fiestada Pizza Corn, Celery Sticks Fruit Rice Krispie Treat	22 1:00 Dismissal Cheesy Breadsticks Warm Marinara Sauce Romaine Salad w/ Dressing Baby Carrots & Fruit	23 NO SCHOOL
26 Frito Chip Chili Bowl Corn Bread Muffin Cheese, Lettuce, Tomato & Onion, Celery Sticks/Carrots Fruit	27 Pizza Bites Warm Marinara Sauce Corn, Baby Carrots Fruit	28 Chicken and Noodles Mashed Potatoes w/ Butter Green Beans, Fruit WG Dinner Roll	29 Hot Dog w/ WG Bun Baked Lays Baked Beans, Broccoli Fruit Relish, Onion	30 Spaghetti w/ Meat Sauce Romaine Salad w/ Dressing Green Beans, WG Garlic Knot, Fruit